



# GET TRAVEL TALKING PLEDGE

**How will you support mental health  
in the travel industry this year?**

TTG is calling on travel professionals to stand up, speak out and champion mental health in 2021.

The pledge might be a commitment to yourself to take regular walks, organise check-ins with your colleagues, or even invest in mental health first aid training for staff.

Whatever you pledge to do – make it count and make it matter.



## I pledge to...

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**To show your support, you can...**

1. Write down what you'll be doing this year.
2. Post a picture on social media holding up your pledge to help #GetTravelTalking.
3. Encourage your industry friends and colleagues to do the same.

#GetTravelTalking